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**Corresponding address**  
(for sending the articles  
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**Homoeo Era**  
Vamanjoor Homoeopathic Medical Centre  
Shiva Complex, Opp. Vijaya Bank  
Vamanjoor, Mangalore – 575 028  
**E-mail: homoeoera@yahoo.com**  
**Contact no. 98451 67098**

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## FROM THE EDITOR



*Dear friends in Homoeopathy*



*It gives me great pleasure in inviting Dr B. Sohan Sing, Dr S K Tiwari, Dr P K Sudhir and Dr G Sreenivasulu to 'Homoeo Era'. We are highly obliged to them for their association.*

*True that many articles have been written in various journals and on internet but the experience of each one of us in understanding Homoeopathy will make us realize how simple science it is rather than the mystery that we think it to be.*

*Application of Nosodes varies from doctor to doctor as is the case with many concepts in Homoeopathy. In this issue we present an article on Medorrhinum along with cases to highlight its application in general practice.*

*In the days of computerization a look at the rubrics on mind of calcarea in Medical Repertory by Robin Murphy is refreshing and the content will make you feel closer to the drug as we peruse through the pages rather than looking at the glaring computer monitors.*

*Hypertension could work out to be a theme for this issue rather than the previous issue as it was planned earlier due to paucity of articles. My appeal to the learners, teachers and practitioners of our healing science is to contribute your knowledge and experiences in the form of articles and case reports to Homoeo Era in order to bring it to the notice of the interested in Homoeopathy. The articles presented in this issue provides lucid information about hypertension and its homoeopathic treatment.*

*Methodical documentation of the data is essential to present Homoeopathy as evidence based medicine. We invite new ideas and formats in the aspect of homoeopathic case taking to present it to a beginner in a simple manner so that recording the case be it an acute or chronic can be done as a regular clinical practice. In the days when we are called on to prove the scientific competence of homoeopathy almost on a daily basis correct and valid recording of the clinical data is crucial to prove the efficacy of homoeopathy in a scientific way.*

*To reach out to a larger section of the homoeopathic fraternity we are launching the web site: [www.homoeoera.com](http://www.homoeoera.com) this month. We would like it to be a portal for knowledge in homoeopathy. Do contribute and share the limelight along with us. We are receiving many constructive suggestion to make homoeoera a standard medical journal while we highly appreciate that we would like your encouragement in our new venture as well.*

**Dr E S J Prabhu Kiran**  
**Editor**



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# APPLICATION OF NOSODES IN HOMOEOPATHIC PRACTICE: MEDORRHINUM



**Dr Navneet Bidani**

Dr. Bidani's Centre of  
Homoeopathy  
DSB-199,  
Red Square Market,  
Hisar-125001,  
Haryana, India  
Mobile:  
+919355547991, 9416336371  
Website: [www.drbidani.co.nr](http://www.drbidani.co.nr)  
E-mail: [drbidani@gmail.com](mailto:drbidani@gmail.com)

Nosodes is a term derived from the Greek word NOSO - which signifies the prefix added to the word to form an idea of disease or indicating a relation to the disease. Nosodes are medicines prepared from products of diseases or diseased tissues of human beings, animals & plants.

Actually these nosodes too are deep acting constitutionals as they are products of a disease from a very deep-seated constitutional condition and are to be used as per the principles of Homoeopathy and the Law of Similars and NOT by the name of the disease or its products. Dr. Kent emphasized that these Nosodes being constitutionally deep acting and deep-seated remedies, are to be used with utmost care when the indicated, well-selected remedy fails to act. Use in infrequent doses and higher potencies.

According to Dr. Fellger, "It was absurd to claim that every disease could be cleared by its nosode, for after potentiising the nosode, we cannot be satisfied that it is in the same condition as when first taken from the diseased individual. Thus the syphilitic poison is composed of molecules, the molecules of atom. When the poison is potentised, the essential character of molecule is undoubtedly lost, hence it is not the same substance anymore."

**Indications For Using Nosodes.**

- (A): On Symptom similarity that is, on totality of symptoms.
- (B): As a second prescription: To enhance the action of the first prescription.
- (C): As an intercurrent remedy, when best-selected remedy fails to act.
- (D): To begin treatment when no other remedy is clear.
- (E): As a complementary medicine.
- (F): In conditions where the patient gives out a picture of many medicines but none is fully indicated.

(G): When “the patient is never been well since”.

(H): When patient never picks up health after a particular illness.

(I): When strong Family history is present.

(J): When several past treatments were unsystematic & hence unsuccessful.

The nosodes thus are an important instrument in our armament for classical prescription.

### **MEDORRHINUM**

Medorrhinum is a powerful & deep acting nosode used often in ailments due to suppressed gonorrhoea. Dr. Swan introduces this nosode in 1870's. It is made from the Gonorrhoeal discharge. All the provings and cures were made with high potencies.

### **MEDORRHINUM CHILD/PERSONALITY**

Medorrhinum children are very passionate, affectionate and loving. They have strong desire for love and affection. The child is very sensitive and emotional. Loves flowers, beauty and takes good care of them.

It is also indicated for behavioural problems of children. Children who are rude and aggressive, who throw temper tantrums, who fight with other children, esp. during the day and who kick and strike their parents or relatives can be Medorrhinum.

The child who was polite, soft, passionate and loveable turns into a devil. He feels a strong desire to bite, kick, hit, and strike. He is very rude and aggressive. All his actions become erratic, he develops inner hardness, which is very deep and that is why, it is very difficult to handle these children. If you tell them not to do certain things, they are the first people to go and do it. That is what makes them courageous and brave. They always try to postpone their works to next day.

As this child grows into a teen-ager, he wants to experience everything. He wants to try out new things in life. He likes to go out with girls for parties, discos etc. They always love to do what is forbidden. If the father says, come back at 10. p.m., they will come back at 2 a.m. They will sneak out of the house, once the parents have gone to sleep. They smoke; drink and they have sexual relationship at a very young age. They don't like bindings. That is why; the idea of marriage seems unendurable. They are the people who remain unmarried till very late in life, even though they have many boyfriends or girl friends.

They are very self-centred and hard hearted and they don't want any connection with people around them.

Medorrhinum becomes an important remedy for suicidal tendency in young adults.

### **MEDORRHINUM: MENTAL SYMPTOMS**

Medorrhinum is one of the important remedies for mental retardation and poor reaction. There is intense nervous sensibility, especially to touch of garment or a lock of hair by any one.

Medorrhinum is a very important remedy where patient cannot express his symptoms without weeping. Weeping ameliorates sadness.

Wants to wash hands repeatedly (Obsessive compulsive Disorder).

Entirely forgot what she had read, even previous line. Forgetfulness of names, letter of words and initial letters.

Cannot remember names; has to ask name of her most intimate friend; forgets her own.

Cannot spell right: wonders how the word "how" is spelled.

Loses constantly the thread of her talk.

Difficulty in concentrating his thoughts or mind on abstract subjects.

Sensation as if all life was unreal, like a dream.

Alternation of happiness and gloominess.

Is always anticipating; feels most matters sensitively before they occur and generally correctly.

Reading and writing make her nervous and enrage her.

Very impatient. Great selfishness.

Hopeless of recovery.

Fears going insane. Fear in the dark & of someone behind her.

Time passes too slowly, always in a great hurry.

#### **MEDORRHINUM: PHYSICAL SYMPTOMS**

- Hair-lusterless, dry & crispy. Intense itching of scalp with quantities of dandruff.
- Frontal headache with nausea, feeling of a tight band across forehead, worse leaning head forward.
- Vertigo: when stooping; several times during day, sudden attacks, seemingly in vertex, with danger of falling.
- Ptosis of lids. Eyelashes fall out, objects look double or small.
- Partial or total deafness. Hears voices.
- Post-nasal discharge, thick yellow. Snuffles of children, not relieved by other remedies.
- Acne on face worse after menses. Small boils break out during menses.
- Pain in abdomen, colicky, better bracing feet.
- Agonizing pain in solar plexus, applies his right hand to stomach and left to lumbar region.
- Fiery red, moist, violently itching anus.
- Nocturnal enuresis. Pain in kidney region better by profuse urination, with craving for ice.
- Albuminuria when the urine contains some mucus as well.
- Benign enlargement of prostate with frequent and painful urination. Masturbation in children.
- Impotency with emissions during sleep & intense and frequent erection day & night.
- Intense menstrual colic, better pressing feet against support. Menses profuse, dark, clotted, foul, stains difficult to wash out, with frequent urination. Itching-vagina, better rubbing & by bathing with tepid water. Breast cold, icy, the rest of body warm.

- Sycotic sterility.
- Asthma: sycotic, infantile. Desire to breath deep, wakes gasping for breath. Dyspnoea cannot exhale. Faint suffocative sensation when sitting up in bed, as if thorax was full.
- Dyspnoea, better lying in knee-chest position.
- Spine sore & tender. Burning heat in spine. Pain from left to right shoulder. Lumbago from lifting weight.
- Legs heavy; ache all night, cannot keep them still. Cramps in legs better stretching them.
- Heels sore, tender, cannot walk on them.
- Rheumatic pain in top of left shoulder, worse from motion. Numbness, paralyzed feeling in left leg from knee to hip. Rheumatoid arthritis.
- Epileptiform spasms, foaming at mouth. Opisthotonus. Risus sardonicus. Collapse.
- Skin yellow. Intense & incessant itching, worse at night & when thinking of it. Fiery red rash about anus in babies (Nappy rash).
- Psoriasis palmaris.
- Bites tip of tongue in sleep. Wakeful towards morning.
- Dreams of walking; of ghosts; dead persons; horrid, painful & exhausting. Dreams of drinking.

#### **MODALITIES**

WORSE: Damp, cold, daytime, sunrise to sunset, 3-4 a.m. after urinating. Touch, even slight. Close room.

BETTER: Lying on abdomen, bending backwards, stretching out. Fresh air. Being fanned.

Thermals: Hot

The remedy should never be used low.

#### **MEDORRHINUM: CASES**

A well-taken case is always a delicate balance of letting the vital force reveal itself by our receptive, gentle approach, while at the same moment processing in a nonjudgmental way our knowledge of the materia medica. Remedy “data” should confirm our choice, not lead us into making a person fit a remedy that we know.

#### **A.- ACUTE CASE.**

Master Amit, 8 yrs old was brought to me with his parents for recurrent attacks of asthma. The symptoms were as follows:

1. Sudden & extreme difficulty in breathing, worse after dinner.
2. Running of nose & sneezing very often. Worse change of weather.
3. Loose, but violent cough; must hold chest or sides.
4. And few other common symptoms of asthma.

Considering this case as a routine case of asthma, I prescribed him Arsenic album 200-1ds with Natrum Sulph 6x-TDS for 10 days. (Here I was biased, I agree). After 3 days at around 10 p.m. I received a telephone call from his mother that Amit (my patient) is gasping for breath, please do something. I told them to dissolve 10-12 pills of Natrum Sulph 6x in warm water & give him sip by sip. After half an hour they again called me that there is no relief at all, please come & do something or we are giving him deriphyllin injection with asthalin inhaler. I went there & as I entered his room, I saw the child was gasping for breath but instead of sitting upright (Asthma is better by sitting up & aggravated by lying in general, in most of the patients), he was lying in a knee chest position, which relieved him a bit. On enquiring, his parents told me that he attains this position each & every time he gets an attack. Then I realized that this is a case of Medorrhinum. Asthma better in knee chest position, we have got only one drug that is Medorrhinum.

I gave him Medorrhinum 200, 5-6 drops in Luke warm water sip by sip.

Within 15 minutes the patient slept & I can see the signs of relief on the parents face.

This is the power of Homoeopathy, which if selected correctly can work wonders.

#### **B.- CHRONIC CASE.**

Mr. Raman, 15 yrs old was waiting for his number to come, outside my consulting room. There was something different, something strange in this child regarding his behaviour. He was playing with a toy pistol & was shooting at other patients. Everyone was surprised that a 5 feet 2 inch boy is behaving so childishly. Then I realized that this is a case of mental retardation. I observed him for some time & when I saw his reports; his IQ level was that of a 6 yr old child. He was called in to the sitting room & although his mother was there, he insisted that his father came too. I could hardly understand what he said & he appeared to be shy & lacked self-confidence. His parents told me that though he is loving & affectionate child, but when angry he throw temper tantrums, he becomes rude, kicks & fight with other children even kicks & strike his parents too. I asked him about his hobbies and he said he liked photography but his photographs were very poor although he had mounted them in his album. He goes to special school. He was poor in studies & when forced to read & write, he becomes aggressive. On further enquiring, it was found that he has marked craving for cold drinks & ice-cream. And by thermals he is a hot patient. A marked family history of suppressed gonorrhoea was found in father.

Based on totality of the case I prescribed him Medorrhinum 1M-1ds, followed by sac lac for 1 month. After 2 weeks his mother rang to report that the boy had gone through a remarkable change.

I saw him after 1 month. When he was called, upon entering the sitting room, the first thing he did was to send his mother out. He then proceeded to tell me about how unfair some people had been & so on. His speech was much improved. I continue with sac lac for 2 more months with one more dose of Medorrhinum 1M.

After 3-4 months, when he came, he was a changed person. His mother told me that he rarely gets angry now. His teachers had commented that something had changed in him.

He made continuous progress with Medorrhinum. Homoeopathy transformed the young man's life.

# HYPERTENSION - A REVIEW

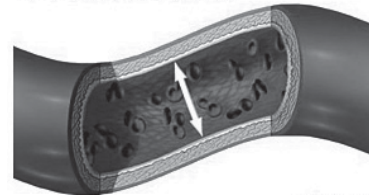
In the present days of living Hypertension and diabetes have become the Life Style Diseases and the incidence is increasing influenced by various factors.

Hypertension is a condition where blood pressure is elevated than the corresponding age. The normal upper limit is 140/90 mmhg. However individual variation will be there depending upon the adaptability.

Hypertension is classified into two categories:

1. Essential Hypertension also called as primary hypertension.
2. Secondary Hypertension.

Blood pressure is the measurement of force applied to artery walls



In essential hypertension in more than 95% of cases a specific underlying cause of hypertension is not found. The causes are probably -increase in peripheral vascular resistant or increase in sympathetic activity or defect in vascular smooth muscle.

Parameters of blood pressure:

Category	Systolic blood pressure	Diastolic blood pressure
<b>Blood pressure</b>		
Optimal	<120	<80
Normal	<130	<85
High normal	130-139	85-89
<b>Hypertension</b>		
Grade 1 (mild)	140-159	90-99
Grade 2 (moderate)	160-179	100-109
Grade 3 (severe)	- >180	- >110
<b>Isolated systolic hypertension</b>		
Grade 1	140-159	<90
Grade 2	- >160	<90

**Dr.V.R.Krishna Kumar**  
 Professor  
 Govt.Homeopathic Medical  
 College  
 Ravindranagar Post,  
 Kadapa-516 003

Factors influencing Essential Hypertension:

1. Genetic and familial
2. Age: risk increases with age
3. Gender: Males more than females
4. Racial: Blacks more than whites
5. Smoking.
6. Exercise, anxiety, unfamiliar surroundings
7. Social: Economic status, social deprivation
8. Diet: Obesity, high salt intake, high alcohol, caffeine.
9. Hormonal factors: high rennin, reduced nitric oxide, ADH effect.
10. Neurotransmitters- Acetylcholine, noradrenalin, substance 'p', Neuropeptide-y, secretin, Dopamine, Enkephalin.



Casuses of secondary hypertension:

1. Coarctation of Aorta.
2. Renal Disease:
  - A. Parenchymal Renal Disease: eg: Glomerulonephritis, Chronic Pyelonephritis, Collagenvascular disease, Polycystic kidney Disease, Renal artery stenosis.
3. Endocrine Disorders:
  1. Pheochromocytoma
  2. Cushing's syndrome
  3. Conn's Syndrome (Primary Hyperaldosterinism)
  4. Hyperparathyroidism
  5. Acromegaly
  6. Primary hypothyroidism
  7. Thyrotoxicosis
  8. 11 beta-hydroxylase, 17-hydroxylase deficiency which causes congenital adrenal hyperplasia.
  9. Liddle's syndrome
  10. 11-beta-hydroxysteroid dehydrogenase deficiency.
4. Drugs: Oral contraceptives containing oestrogens, Anabolic steroids, Corticosteroids, Non steroid anti inflammatory drugs, carbenoxolone, Sympathomimetic agents.
5. Pregnancy: Pre eclampsia etc,

## **PATHOPHYSIOLOGY:**

In larger arteries (>1mm diameter) the internal elastic lamina thickened, smooth muscle hypertrophied, fibrous tissue deposited. The vessels dilate, atheroma perpetuated.

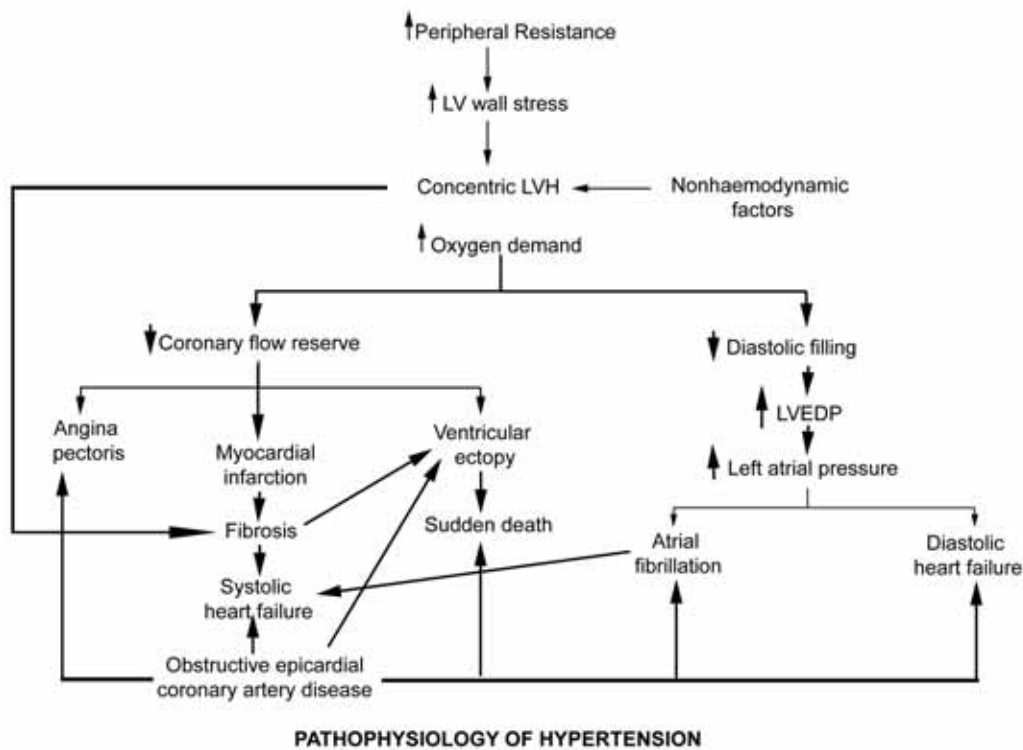
In smaller arteries (<1mm diameter) hyaline arteriosclerosis occurs in the wall, lumen narrows, aneurysm may develop.

Reduced renal perfusion pressure leads to production of rennin. Rennin activates Angiotensin which causes vasoconstriction and water and salt retention.

Malignant phase -it is accelerated pattern, rapid rise, damage to various organ systems, Necrosis in the walls of small arteries, arterioles and intravascular thrombosis.

Left ventricular failure develops, proteinuria and haematuria (microscopic)

Arterial pressure exceeds the limit of vascular auto regulation to the brain leading to cerebral and retinal oedema, resulting in hypertensive encephalopathy-headache, confusion, coma, fits and death.



## **CLINICAL FEATURES:**

- I. Headache, polyurea, Giddiness
- II. Angina, Left ventricular failure, cerebrovascular disease.
- III. In Phaeochromocytoma paroxysmal headache, sweatings.

IV. In chronic pyelonephritis recurrent backache, UTI.

**SIGNS:** Hypertrophy of Left Ventricle, Accentuation of the Aortic component of the second heart sound, abnormal optic fundi.

**INVESTIGATIONS:**

**For All Patients**

- Urine analysis for blood, protein and glucose.
- Blood urea, electrolytes and creatinine.
- Blood glucose
- Serum total and high density lipoprotein(HDL) cholesterol.
- 12-lead ECG (left ventricular hypertrophy, coronary artery disease)

**For selected patients:**

- Chest X-ray: *to detect cardiomegaly, heart failure, coarctation of aorta*
- Ambulatory BP recording: *to assess borderline or 'white coat' hypertension.*
- Echo cardiogram: *to detect or quantify left ventricular hypertrophy.*
- Renal ultrasound: *to detect possible renal disease.*
- Renal angiography: *to detect or confirm presence of renal artery stenosis.*
- Urinary catecholamines: *to detect possible phaeochromocytoma.*
- Urinary cortisol and dexamethasone suppression test: *to detect possible cushing's Syndrome.*
- Plasma rennin activity and aldosterone: *to detect possible primary aldosteronism.*

**COMPLICATIONS:**

1.C.N.S: Hypertensive encephalopathy.

2. Retina : Hypertensive retinopathy.

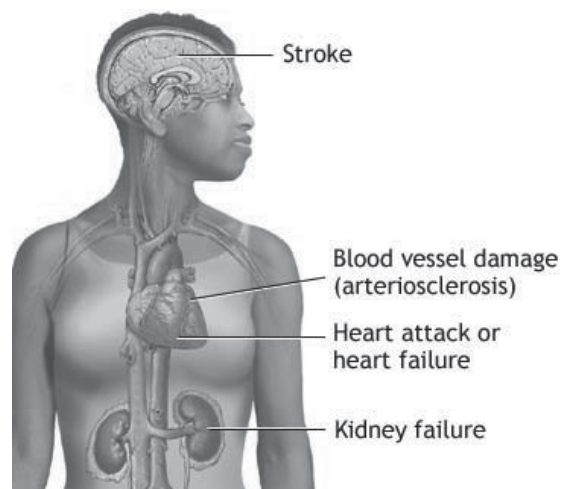
Grade I : thickening, irregularity, tortuosity of arterioles, increased

Reflection(silver wiring)

GradeII : Grade I + constriction of retinal veins at arterial crossings.

GradeIII: Grade I + Grade II + flame shaped haemorrhages and cotton wool Exudates.

GradeIV: Grade I+II+III+papilloedema (bulging of optic disc with blurred edges)



3. Heart: Left ventricular Hypertrophy, LV failure.

4. Kidneys: Proteinuria, renal failure.

#### **MANAGEMENT AND TREATMENT:**

The aim is

- To detect, evaluate and control predisposing causes at the earliest.
- To maintain blood pressure within acceptable range.
- To prevent complications.

#### **GENERAL MANAGEMENT:**

- Treat the cause
- Stop Smoking
- Mental and physical rest
- Diet: Salt restricted diet and low fat diet.
- Reduce weight if obese
- Regular, moderate exercise.
- Yoga and meditation.

The disease hypertension is mixed miasmatic disorder and needs antimiasmatic, constitutional drugs selected on the basis of totality of the symptoms and individualization considering all the factors of causation.

The commonly used remedies are:

Intercurrent Anti-miasmatic: Sulphur, Syphilinum and Thuja.

Constitutional: Ars. Alb, Lycopodium, Nux vom, Nat. sulph

Atherosclerosis: Baryta Carb, Baryta mur

Psychogenic causes: Arg. Nit, Gelsmium, Ignatia, Staphysagria.

Palliative: Allium sativum, Crategus, Passiflora, Rauwolfia Serpentina.

For Complications:

Hypertensive retinopathy: Apis Mel, Phosphorus

Hypertensive encephalopathy: Opium, Arnica.

Hypertensive nephropathy: Eel Serum

There is separate chapter in the Homeopathic Repertories under the heading VERTIGO and various remedies are given under different rubrics and subrubric which guide the physician to select the similimum depending upon the symptomatology.

## HYPERTENSION AND HOMOEOPATHIC TREATMENT



**Dr Girish Navada**  
**U K**

Hypertension is a disorder where Homoeopathy has immense scope in primarily bringing the blood pressure to normal levels and then in preventing and treating the complications. In Homoeopathic treatment we should always follow the guidelines of treating a chronic disease as given by Dr Hahnemann. A case should be evaluated on its miasmatic preponderance and treated accordingly. Usually we come across mixed miasms.

In a family where a hereditary tendency is predominant, a carefully selected constitutional drugs given to the youngsters of the family, hypertension can be prevented. Carrying mothers should be treated constitutionally to prevent the disease in the offspring in later age.

With homoeopathic medicines the general treatment regarding the mode of life, exercise, rest, diet, etc should be strictly followed. Some times palliative treatment is necessary particularly in some symptoms like headache, palpitations, hemorrhage, fainting attacks, gastric irritations like vomiting, diarrhea, and insomnia cause severe disturbances. But its should be a homoeopathic palliation.

### **Therapeutic hints:**

- With insomnia - *Passiflora incarnata*, *Crataegus oxyacantha*
- With redness of face *Belladonna*, *Adrenalinum*, *Asterias reubens*, *Strontium carbonicum*
- With throbbing headache, flushed face, tachycardia, hot body and cold extremities - *Belladonna*, *Adrenalinum*
- With red face, feeling of hot air around the head, and fear of apoplexy - *Asterias reubens*
- With profuse nose bleed ameliorating the headache-*Hamamelis virginiana* - *Melilotus alba*
- With full hard, bounding pulse, and congestive symptoms-*Veratrum viride*
- With obstinate occipital headache - *Carbo animalis*
- From sudden shock due to bad news - *Gelsemium sempervirens*
- Hypertension because of some insult - *Staphysagria* With personal or parental history of coronary thrombosis-*Thuja occidentalis*
- As an intercurrent remedy, in persons wasting in health-*Tuberculinum*
- In fleshy persons who eat a great deal, especially non-vegetarians *Allium sativum*

- Hypertension in those engaged in mental work, teachers and professionals who are exhausted from worry- *Avena sativa*
- Nervous hypertension, levels go up and down- *Ignatia amara*, *Nux vomica*
- With high difference between systolic and diastolic pressures- *Baryta muriatica*
- Hypertension with hyperthyroid phenomena - *Thallium metallicum*
- Hypertension with diabetes mellitus - *Lac vaccinum defloratum*
- Hypertension with albuminuria - *Viscum album*
- In pregnant women with pre-eclampsia, Hypertension, oedema-*Apis mellifica*
- Hypertension at climacteric-*Glonoinum*, *Sanguinaria Canadensis*, *Lachesis mutus*, *Sepia officinalis*, *Cactus grandiflorus*, *Amylenum nitrosum*, *Sulphuricum acidum*, *Conium maculatum*.

### A CASE OF HYPERTENSION

Name - K.A.R

Age - 53 yrs

Sex - male

Marital status -married, Religion -Hindu, Occupation-Reader in University

#### Chief complaints:

Location	Sensation	Modalities	Concomitants
General Since 18yrs Rx ayurvedic Allopathic-daonil TDS Presently OD	Known diabetic Numbness <sup>2</sup> of extremities.	A/F Mental strain <sup>2</sup> Between (1978-81)	Increased sexual urge. <sup>3</sup> Increased urinary frequency <sup>3</sup> .
Head Occasionally	Vertigo as if things Is moving in a circle	A/F mental strain	
Eye Since child hood	<b>Diagnosed Case of Retinitis Pigmentosa</b> Able to see axial point only, focal vision is damaged. Night blindness. Pain in eyeballs Blurring vision.	<Night <sup>3</sup> <Reading <sup>3</sup> <Eyestrain <sup>2</sup> <Looking at computer screen <sup>2</sup>	
Ear Since 8-10yrs	Mild loss of hearing capacity. Occasionally though he hears, it is difficult to understand, diagnosed as conductive deafness	A/F recurrentcold <sup>2</sup>	
Neck pain Since 1 month Left side Sudden onset	Bursting pain <sup>2</sup> Radiates occiput	A/F sleep after <sup>2</sup> <Moving the neck <sup>2</sup> <Traveling <sup>2</sup> . <Coughing while	

**History of presenting complaints:** patient developed his complaints between 1978-1981 at this period patient had lot of stress in his work area as well as in the family, same period patient shifted to Mangalore since then complaints of numbness and tingling, giddiness he was diagnosed to have diabetes mellitus, hypertension. Presently patient c/o neck pain radiates to occiput.

**Past history with treatment history:**

Patient was diagnosed to have retinitis pigmentosa he was given orientation regarding this disease. He was treated with daonil 1tab thrice daily for his diabetes mellitus. He was on antihypertensive drugs for the last 8 yrs -atenol 50 mg OD

Family history: patient's father died with diabetic coma, hemiplegia & mother was suffering with bronchial asthma, brother suffering from diabetes mellitus, younger sister was suffering from Depression

**Patient as a person**

Appetite: good

Desires: sour, sweets

Thirst: increased, 8-9 glasses/day

Perspiration: increased on face, extremities, and chest.

Stool: once /day.

Occasionally constipated when fish was taken

Urine: increased frequency at night, 4-5 times at night. No burning. No other abnormal discharges.

Sexual functions: excessive urge. Increased desire.

Sleep: generally disturbed due to increased frequency of urination.

Dreams; frightful, anxious dreams of exams, unremembered dreams

Sleep and dreams: good sleep with anxious dreams.

Meteorological: sun exposure

Thermal reaction: HOT

**Intellectual state:**

Highly qualified person with high working capacities, excellent in his performance, resource personality for the research work.

Responsible, Meticulous, perfectionist

High motive and drive.

Obsessive thoughts

**Emotional state:**

A/F lack of love

A/F jealous

Oversensitive- feels offended easily.

Despair with alteration of mood sadness to joy

Contradiction aggravates

Anxious-anticipatory- hatred- towards M.I.L

<Contradiction-gets angry whenever students or friends contradict him.

>Meditation, counseling, rading books.

Action: speech coherent, perfectionist, meticulous in his work. Punctual in his all the activities.

**General physical examinations:**

Appearance: moderately built and nourished.

Weight:57 kg

Eyes:dark ring around eyes

Vision: impaired

Hearing: impaired right side

Tongue: white coated

Pallor: nil, oedema: nil, glands: nil,

Pulse:74/minute, regular, full volume, no thickening of arterial wall.

Blood Pressure: first reading-160/102mmHg- on right arm supine position

Second reading-160/102mmHg on right arm supine position

Temperature: 98.4F

**Systemic Examination:**

CVS: Nothing abnormality detected.

RS: nothing abnormality detected

CNS: Higher mental functions are normal

2nd cranial nerve -visual acuty 6/60, other cranial nerves are normal.

Per abdominal examination: Nothing abnormality detected.

Ophthalmologist's opinion: patient is having low visual acuty6/60 with intact axial point vision.

**Provisional diagnosis:**

Essential Hypertension

Diabetes Mellitus -Type II

Retinitis Pigmentosa.

**INVESTIGATIONS: dated7/10/03**

Hb 14gm%

Total WBC-10.800

Differential Count-N -64, L-32, E-04,M-0

ESR-08mm/hr.

Blood Sugar

FBS-136

PPBS-189mg/dl

Urea-26mg/dl

Creatinine-1mg/dl

Cholesterol-200mg/dl

ECG-With in normal limit.

Totality:

Miasm: Sycotic background with Syphilitic dominance.

Intellectual state:

Highly qualified person with high working capacities, excellent in his performance, resource personality for the research work.

Responsible, Meticulous, perfectionist

High motive and drive.

Obsessive thoughts

Emotional state:

A/F lack of love

A/F jealous

Oversensitive- feels offended easily.

Despair with alteration of mood, sadness to joy

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< Contradiction-gets angry whenever students or friends contradict him.

> Meditation, counseling, reading books.

Action: speech coherent, perfectionist, meticulous in his work. Punctual in his all the activities.

Constitutional Rx: Lycopodium

D/rx:Mag mur, Aurum met (syphilitic phase)

**First prescription: Aurum Met 200 1P HS**

**Criteria for the follow up:**

1. Emotions
2. Mood
3. Sexual urge
4. Sleep
5. Bowel
6. Urine frequency
7. Vertigo
8. Hearing
9. Vision
10. Blood pressure in mmhg

**Follow up:**

12/10/03

S	S	S	>+	S	S	S	S	S	156/100	
Mental stress++										Rx. Aur met 200 1p HS. SI Packets HS daily

17-12-03

>++	>++	S	G	S	S	>++	S	>++	156/100	
Weight-59 kg < Morning										Rx. Aur met 200 1p HS. SI Packets HS daily

21/1/04

<+	<+	S	G	S	<++	O	S	S	160/100	
Irritable3, anxious3, fear of cancer of eye Sleep with unremembered dreams. PPBS-195mg/dl medicine changed as dominant anxious										Rx. Lyco 200 1p HS fortnightly. SI Packets HS daily

3/3/04

<+	<+	>+	>+	S	<++	O	S	S	154/96	
Irritable3, anxious3, impatient PPBS-156mg/dl, Weight-59 kg										Rx. 1. SI packet 1p HS x fortnightly 2..SI Packets HS x Alt

7/4/04

<++	<++	↑	G	>+	>+	<+	S	S	150/92	
<p>Feels lonely, despair, loss of self-esteem since 15 days. Irritable<sup>3</sup>, anxious<sup>3</sup>, giddiness<sup>++</sup> Feels no one loves him, hatred towards MIL, desire for love from some one</p>										<p>Rx. Mag mur 2001p HS x 2Days SI Packets HS Alternate day</p>

16-6-04

>++	>++	>++	<+	>+	>+	O	>+	>+	156/94	
<p>Weight-59 kg Hatred feeling &gt;+, feels generally better</p>										<p>Rx. Lyco 200 1p HS x fort nightly SI Packets HS Alternate day</p>

29/9/04

<+	<+	↑	<+	<+	↑++	O	>+	>+	152/90	
<p>Weight-57 kg Retrosternal burning &gt; warm drinks. Feels depressed, anxious about future. Much anxious at his work</p>										<p>Rx. Lyco 200 1p HS x fort nightly SI Packets HS alternately</p>

17-11-2004

>++	>++	>+++	G	>++	>+	O	>+	>+	140/90	
<p>Weight-58 kg Anxiety &lt;+ vision improved+</p>										<p>Rx.Lyco1M p HS x fort nightly SI Packets HS Alternate day</p>

10/1/05

>++	>++	>++	G	>+	>++	O	>+	>+	136/90	
Weight-59.5 kg Urine stream reduced+, ? BPH										Rx. Lyco1M1p HS SI Packets HS Alternate day x 2months

Conclusion:

This case shows us effectiveness of Homoeopathic Medicines in controlling the disease process and improving the patient in all his diseased state.

**GUIDE LINES FOR ARTICLES IN HOMOEEO ERA:**

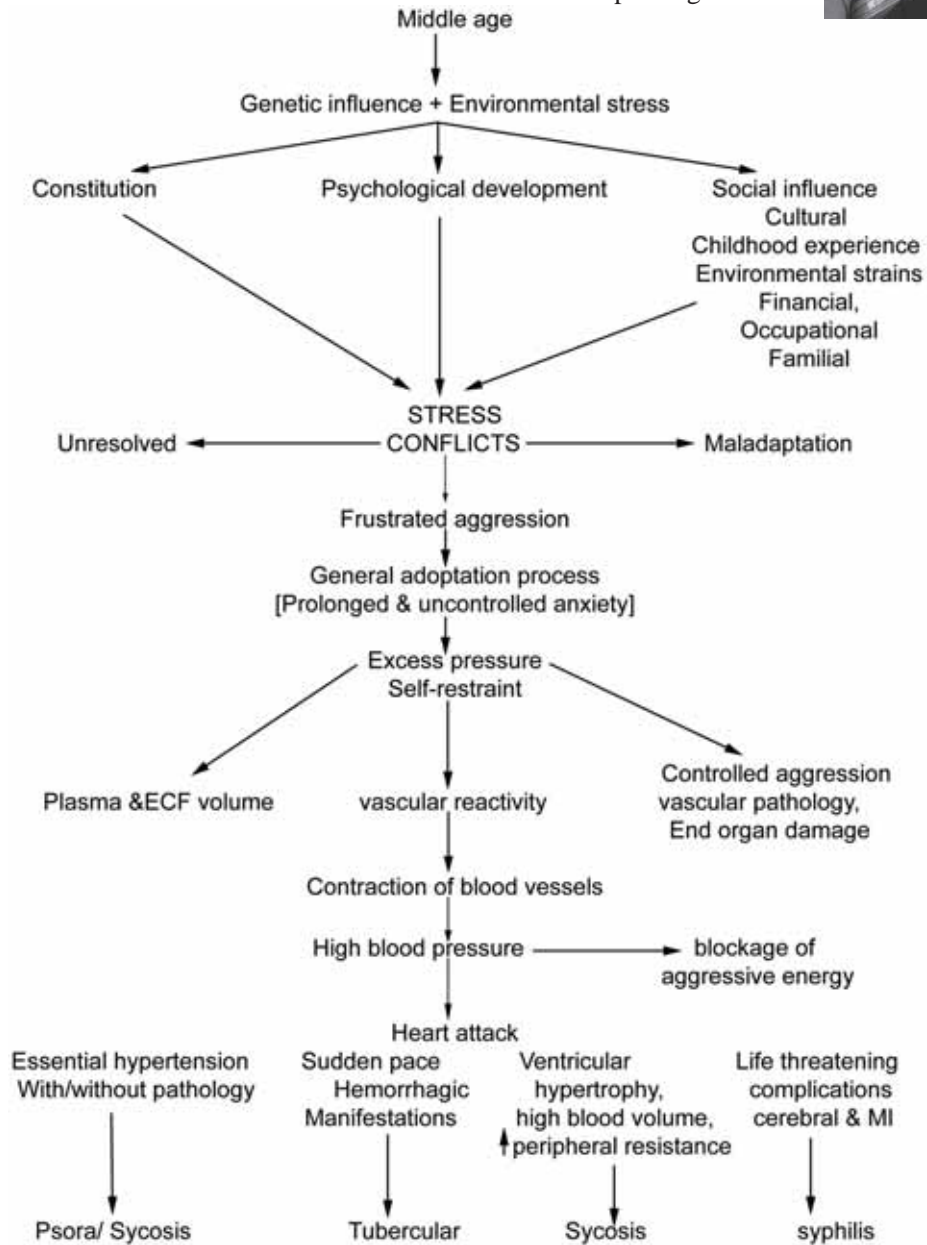
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***Please enclose a passport size photograph along with a brief bio data.***

# PSYCHO-PATHO-PHYSIOLOGY OF HYPERTENSION

• **Dr Anupama Deshmukh,**  
 Asst prof & I/C HOD  
 Dept of comm. Medicine,  
 BBHMC&H, Bangalore  
 cmmdpsm@gmail.com



# MIND OF CALCAREA IN ROBIN MURPHY'S REPERTORY



• **Dr Deena M Monteiro**  
Professor & HOD,  
Dept. of Physiology  
& Biochemistry,  
FMHMC, Deralakatte,  
Mangalore

## Mind

- Abrupt - calc 3
- Adulterous - calc 2
- Agony, anguish - calc 3, calc ar 3
  - Fever, during - calc 2
  - Palpitation, with - calc 2
- Alcoholism, dipsomania - calc 2
  - alcoholism, delirium tremens, mania-a- potu- calc 2
- Ambition, general - loss of ambition - calc 2
- Amorous - calc 3
- Anger, general - calc2, calc p2, calc s2
  - ailments, after anger - calc p2
  - children, in - calc p 2
  - evening - calc 2
  - former vexations, thinking about - calc2
  - morning - calc2
  - sex, after - calc2, calc ar 2
  - vexation, from - calc p 2
  - violent - calc 2
- Anticipation, ailments from - calc 3
- Anxiety, general - calc3, calc ar3, calc p3, calc s3, calc f2
  - afternoon - calc 2
  - bed, in - calc 2
  - children, in - chest complaints with - calc p2
    - lifted from the cradle, when - calc p 2
  - Chill, during - calc 3, calc ar3
  - Confinement, during - rash, followed by, on seventh day - calc 2
  - Cruelties, after hearing of - calc 2
  - Diseases, about - calc 2

- Evening - calc 3, calc ar 3, calc s3
- as evening comes on - calc 3
- bed, in - calc 2, calc ar2, calc s2
- twilight, in the - calc 2
- Family, about his - calc 2
- Fear, with - calc 2
- Fever, during - calc 2, calc ar2
- Future, about - calc 3, calc ar 2
- - Albuminuria, in - calc 2
- Health, about - calc 2. calc p 2
- Heat, with - flushes of - calc 2
- Hypochondriacal - calc 2
- mania to read medical books - calc 3
- Menses, during - calc 2
- Nausea, from - diarrhea, in - calc 2
- Night - calc 2, calc ar2, calc s2
- children in - calc 2
- Oppressive, scarlantina, in - calc2
- Others, for - calc p 2
- Periodical - calc I 2
- Physical - calc 2
- Salvation, about - calc 2, calc ar 2
- Sleep, going to, on - calc 2
- Stool, during - calc 2
- Typhus, in - calc 3
- Aphasia - calc 2
- Aversion, family members, to - calc 2
- persons, to certain - calc 3
- Bashful - calc 2
- Bites, - calc 2
- spits, barks and bites - calc 2
- Business, averse to - calc 3
- worn out, from - calc 2
- Capriciousness - calc p 2
- Change, desire for - calc p2
- Cheerful, feeling - constipated, when - calc 2
- Company, aversion to - calc p 2
- Desire for - calc 2
- Complaining - calc 2, calc p2
- Children, in - calc p 3
- Concentration, difficult - calc 2, calc f 2
- Eating amel, from - calc f 2
- Confidence, lacking of self esteem - calc f 3
- Children in - calc f 3, calc 2
- Confusion, mental - calc 3, calc p 2, calc sil2
- Eating, after - calc 2
- Mental exertion, from - calc 2, calc p 2, calc s 2
- Morning - calc 2, calc s2
- Reading, while -calc 2
- Waking, on - calc 2
- Conscientious, children in - calc p2
- Consolation, agg from kind words - calc p 2
- Cowardice, - calc sil 2
- Children in - calc sil 2
- Crawling - rolling on the floor - calc 2
- Cruelty, inhumanity - children can not to see the cruelty at the movies - calc2
- Crying, weeping - calc 3, calc s3, calc ar2, calc I 2, calc p 2
- Admonition, from - calc 2
- Alternating with, laughter - calc 2
- Chill, during - calc 3
- Consolation, agg - calc p 2
- Easily - calc 2
- Evening - calc 2
- Perspiration, during - calc 2
- Remonstrated with, when - calc 2
- Cursing, swearing - calc 2
- Darkness, agg mental state - calc 2
- Death, presentiment, of death - calc 2
- Deceitful - calc 2

- Delirium, general - calc 2
- Dark, in - calc ar2
- Fever, during - calc 3
- Fire, talks of - calc 2
- Sleep, during - calc 2
- Depression, sadness - calc 3, calc ar 3, calc s3, calc f2 , calc p 2
- Alone, when - calc 2
- Causeless - calc sil 2
- Children - calc 2
- Evening , bed in - calc2, calc s2
- Fever, during the - calc 2
- Menses, before - calc 2
- Misfortune, as if from - calc
- Perspiration, during - calc 2
- Puberty, in - calc 2
- Despair, feelings - calc 3, calc sil2
- Chill, during - calc 2
- Death, with fear of - calc 3
- Recovery, of - calc 3
- Religious - calc 2
- Development of children arrested - calc 2, calc p2
- Discontented, dissatisfied - calc p 3
- Discouraged, feelings - calc 2
- Impatience, with - calc 2
- Dishonest - calc 2
- Dream, as if in - calc 2
- Dullness, mental -calc 3, calc p 3, calc s3
- Children - calc 2, calc p 3
- Damp air, from - calc 2
- Mental exertion, from - calc p 2
- Washing, amel. From cold - calc p2
- Duty, lack of sense of - calc 3
- Egotistical, haughty - excessive, self esteem - calc 2
- Emotions, ailments from strong - calc 2
- Envy hate, and - calc 3
- Excitement, excitable - calc 2, calc p 2, calc s2
- Ailments, from emotional - calc 2
- Evening, bed in - calc 2
- Horrible, things, after hearing - calc 2
- Menses, return of , excitement brings -calc 3
- News, after bad or disagreeable - calc2
- Sex, after - calc 2
- Exclusive, too -calc 3
- Exertion, mental agg - calc3, calc p3, calc ar2
- Weakness, from - calc 3
- Exhaustion, mental - calc2
- Sex after - calc 2
- Talking, from - calc p 2
- Fantasies, closing eyes in bed - calc 2
- Evening, bed in - calc 2
- Frightful - calc3
- Night - calc 3
- Sexual, fantasies - calc 2
- Sleep, falling asleep on - calc 2
- Fastidious - calc 2
- Fear, phobias, general - calc 3, calc p 3, calc s2
- Agoraphobias - public places, of - calc 2
- Airplanes - calc 3
- Animals, of - calc 3
- Cancer of - calc 3
- Children in - calc 2
- Night at - calc 3
- Claustrophobia, closed places - calc 2
- Narrow places, fear in - calc 2
- Vaults, churches and cellars, of - calc 2
- Confusion, that people would observe her - calc3
- Contamination, germs of - calc 3
- Dark - calc 2
- Death, of - calc 3, calc ar 2
- Death - evening - calc 2
- Disease, of impending - calc 2, calc ar2
- Contagious, epidemic diseases, of - calc 3

- Dogs, of - calc 2
- Evening - calc 3
- Twilight -calc 2
- Everything, constant - calc 3
- Germs, contamination , from - calc 3
- Happen, something bad will - calc 2
- Heart, disease of - calc 2
- Infection, of - calc 3
- Injured, of being - calc 2
- Insanity, of - calc 3, calc ar 2
- Insects, of - calc 3
- Menses, suppressed from - calc 2
- Mice, (rats) of - calc 2
- Misfortune, of - calc 3
- Poverty - calc 2, calc f2
- Shadows, of - his own - calc 2
- Stomach, arising from - calc 2
- Thunderstorm, of - calc 2, calc p3
- Tuberculosis, of - calc 2
- Waking, on - calc 2
- Work, dread of - calc 2
- Financial, loss of wealth or property, ailments from - calc p 2
- Fire, - thinks and talks of - calc 2
- Fright, ailments from - calc 2
- Frightened, easily - calc2, calc sil2
- Noon, nap, after - calc sil2
- Roused, when - calc 2
- Waking on - calc 2
- Gestures, grasping - children put, everything in the mouth - calc 2 ;
- fingers in the mouth - calc 2
- Gloomy, morose - calc 3, calc p2
- Gluttony - calc 2
- Grief , ailments from - calc 2, calc p2
- headache from - calc 2
- Hatred, feelings - calc 2
- Home, desires to, go - calc 2
- go out, and when there to - calc p3
- Horrible things, sad stories, affect her profoundly - calc 3
- Hurried, feelings - calc f2
- Hypochondriasis - calc 2
- Hysterical , behavior - calc 2, calc s2
- Ideas, general - abundant - calc 2
- evening - bed in - calc 2
- night - calc2
- deficiency, of - calc p 2
- Idiocy - calc p 2
- Imbecility - calc 2
- Impatience calc 2
- Indecision, irresolution - calc 2, calc sil2
- Independent - calc 2
- Indifference - calc 3, calc p2
- duties, to - calc 3
- perspiration, during - calc 2
- Indignation, feeling - calc p2
- Insanity , general - calc 2
- erotic - calc p 2
- Irritability - calc 3, calc s 3, calc p2
- children in - calc p2
- chill, during - calc 3
- consolation, agg - calc p2
- dentition, during - calc p 2
- evening - calc2, calc s2
- morning - calc2
- music, during - calc 2
- perspiration, during - calc 2
- sex, aftier - calc 3
- stool, before - calc 2
- trifles, from - calc 2
- jealousy, feeling - calc s2
- strikes his wife - calc 2
- joking, erotic - calc 2
- Lamenting, wailing - calc 2
- Laughing, behavoiur - calc 2

- hysterical - calc 2
- spasmodic - calc2
- Laziness, indolence - calc2, calc ar2, calc f2, calc p2
- Learns, easily poorly - calc 2
- Learning, disabilities, studying, reading, learns with difficulty - calc 3
- Light, aversion to - calc 2
- Loathing, feelings - calc 2
- life, of - calc 2
- Love, ailments, from disappointed - calc p 2
- Malicious - calc 2
- night - calc 2
- Mania - calc 2
- Mathematics, calculating, inability to geometry to do - calc 2
- Memories, recalls disagreeable - calc 2
- Memory - forgetful - calc 2, calc p2
- alcoholics, forgetfulness in - calc 2
- weakness of - calc 3, calc p2
- alcoholics in - calc 3
- Done, for what he has just - calc p 2
- Facts for - calc 3
- Mental, general affections of - calc 2
- Mildness - calc2
- Mirth - calc2
- Misanthropy - calc 2
- Mischievous - calc 2
- Mistakes, speaking, in - calc 2
- Misplacing words - calc 2
- Words, using wrong - calc 2, calc p 2
- Writing, in - calc p 2
- Repeating words - calc p 2
- Wrong, words - calc2
- Moaning, groaning - calc p 3
- Sleep during, children - calc p 3
- Moods, changeable, variable - calc2, calc p 2
- Music, agg - calc 2
- Cough, music agg - calc 2
- Piano when playing - calc 3
- Narrating, her symptoms agg - calc 3
- News, bad, ailments from - calc 3, calc p 2
- Obsessive, compulsive disorder - calc2
- Obstinate, stubborn - calc 3, calc p 3, calc s2
- Children - calc 3, calc p 2
- Inclined to grow fat - calc 3
- Offended, easily, takes everything in bad part - calc 3
- Optimistic - calc 2
- Pities, feelings of, self - calc 3
- Reading, agg, symptoms from - calc 2
- Passion to read - Medical books - calc 2
- Religious, affections - calc 2
- Bible, want to read all day the - calc 2
- Children, in - calc 2
- Puberty, in - calc 2
- Remorse, feelings, regret - calc 2
- Reproaches, others - calc 2
- Reserved - calc 2
- Responsibility - burdened, with, at too young age - calc 2
- Over responsible - calc 2
- Unusual agg - calc 2
- Restlessness - calc 3, calc p 3, calc ar2, calc f2, calc s2
- Anxious - calc 3
- Bed, tossing about in - calc 2
- Wants to go from one bed to another - calc 2
- Drives him from place to place - calc p 2
- Evening - calc 2
- Menses, during - calc 2
- Night - calc 2
- Sex, after - calc 3
- Romantic, feelings - calc p 2
- Rudeness, ailments from, rudeness of others - calc 2
- Sensitive, to - calc 2

- Runs, about - calc 2
- Schizophrenia, paranoid, pursued, by enemies  
- watched, that she is being - calc 2
- Screaming , shrieking, shouting - calc2, calc p 2
- Children, in - calc p 2
  - Sleep, during - calc p 2
  - Impulse, to - calc 2
- Sensitive, general - calc p 2, calc s 2
- Children - calc p 2
  - Cruelties, when hearing of - calc 3
  - Evening - calc 2
  - Music, to - calc 2
  - Noise, to - calc 2
  - Shrill sounds - calc 2
  - Sleep, on going to - calc 2
  - Sad, stories - calc 2
- Sentimental - calc p2
- Sexual, excesses, mental symptoms from - calc 3
- Homosexuality, men - calc 2
  - Lasciviousness, lustful - calc 2
  - Nymphomania, women - calc p 2
  - Obscene talk - calc 2
- Sighing , emotional - calc p 3
- Slowness, mental - calc 3
- Children, in - calc 3
  - Elderly people of - calc 3
  - Motion, in - calc 2
  - Work, in - calc 2
- Snappish - calc p 2
- Spit, desire to - faces of people, in - calc 2
- Startled, starting - calc 2
- Noise, from - calc 2
  - Sleep, during - calc 2
  - Falling asleep, on - calc 2
  - From sleep - calc 2
- Stupefaction, as if intoxicated - calc 2
- Vertigo, during - calc 2
- Suicidal, depression - calc 2
- Knife, with - calc 2
  - Perspiration, during - calc 3
- Suspicious, mistrustful - calc p 2
- Sympathetic, compassionate - calc p 2
- Talk, indisposed, to - calc 2
- Talking - sleep, in - calc 2
- Unpleasant things of, agg - calc 2
- Talks, - dead people with -calc sil3
- Of nothing but, murder, fire and rats - calc 2
- Thinking, complaints agg - calc p 2
- Thoughts, persistent - calc 2
- Rush, flow of - calc 2
  - Evening - calc 2
  - Night - calc2
  - vanishing, of - calc 2
- Timid - calc 3, calc s3
- Torments, those around him - calc 3
- Travel, desire to - calc p 3
- Twilight agg mental symptoms - calc 2
- Wander, desires to -calc p 2
- Night - calc 2
- Wearisome, burdened feeling - calc 2
- Perspiration, during - calc 3
- Will, loss of - calc 2
- Weakness, of - calc 3
- Work, ailments, from mental work - calc 2, calc p 2
- Aversion, to - calc 3
  - Business - calc 3
  - Mental work, to - calc 2
  - fatigue, chronic, from overwork - calc 2
  - impossible - calc 3
  - workaholic, mania for or tendency to over work - calc 3
  - menses before - calc p 2
- Worries, full of - calc 3
- Ailments from - calc 3
  - Business or work - calc 3
  - Domestic affairs, about - calc 2
  - Others, about - calc2
  - Sleeplessness - calc 3

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• **Dr Lakshmi Prabha**  
Nethra Homoeopathic  
Medical College,  
Coimbatore

## GENERAL CHARACTERISTIC SENSATIONS - WILLIAM BOERICKE

Tingling, Coldness and Numbness - Aconite  
Fullness in various parts - Aesculus  
Nervous hypersensitiveness, numbness of single parts - Ambra Grisea  
Heaviness in all organs - Ammonium Carb  
Sensation of plug and band - Anacardium Orientale  
Excessive irritability and fretfulness - Antim crud  
Drowsiness, debility, sweat, chills and contractions - Antim tart  
Oedema and constricted sensations - Api smel  
Trembling in affected parts - Arg nit  
Sore, lame, bruised feeling - Arnica  
Irritable weakness, restlessness and great exhaustion - Ars alb  
Great muscular soreness - Baptisia  
No anxiety (or) fear - Bell  
Rapid change of symptoms and radiating pains - Berb Vulgaris  
Stitching, tearing pains - Bryonia  
Coldness of single parts. - Caladium  
Raw, burning pains - Cantharis  
Pain unendurable with numbers. - Chamomilla  
Pain in shocks. - Cina  
Sensation as if clamped with iron bands. - Colocynth  
Weakness of body and mind. - Conium  
Great deal of bone pain. - Eupatorium perfoliatum  
Oversensitiveness & weakness. - Ferrum met  
Dizziness, dullness, drowsiness and trembling, muscular weakness -  
Gelsemium  
Sensation of pulsation throughout the body. - Glonoine  
Sensation as if wind were blowing in some part & great sensitiveness  
to all impressions. - Hep Sulph  
Tremulous weakness & twitching of tendons. - Hyosyamus  
Great debility. - Iodum  
Pains migrate quickly. - Kali bich  
Pains from within out and stinging character. - Kali carb  
Pain shoot downwards with numbness. - Kalmia latifolia  
Erratic pains, alternating sides. - Lac canium  
Sensation of tension in various parts. - Lachesis  
Neuralgia - Mag phos  
Trembling all over - Medorohinum  
Tremors everywhere - Mercurius  
Pains of various kinds with chilliness & sensitiveness to cold air. -  
Mezereum  
Coldness, great weariness and weakness. - Nat mur

Pain as from splinters, sticking pains. - Nitric acid  
Extreme dryness of mucous membranes, drowsiness. - Nuxvom  
Painless, heaviness. - Opium  
Pain in spots and periodical remissions. - Oxalic acid  
Suddenness of symptoms & neurasthenia. - Phos  
Neurasthenia - Picric acid  
Numbers and coldness. - Platina  
Constrictive sensation in the internal parts. - Plumbum met  
Thirstless, peevish and chilly. - Pulsatilla  
Tearing asunder pains. - Rhustox  
Feeling of intense lassitude, weakness & despair - Ruta  
Pain from sacrum to pubis. - Sabina  
Debility, anxiety & emaciation though appetite & thirst may be excessive. - Secale Cor  
Great debility. - Selenium  
Very sensitive to touch, parts feel chilly. - Spigelia  
Pain from below up, extend down to back, chills easily - Sepia  
Exhaustion and heaviness of the body after slightest exertion. - Spongia  
Very sensitive. - Staphysagria  
Burning, sinking feeling at stomach at 11 p.m. - Sulpur  
Vomiting, purging and cramps in extremities with cold perspiration. - Verb. alb

**With best complements from:**

Estd: 1976



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## WORLD ENVIRONMENT DAY [WED-2010]

Department of community medicine, Bhagawan Buddha homoeopathic medical College & Hospital had organized an **Environment awareness programme & a rally** on the occasion of **world environment day on 5th June 2010, Saturday** at St. Sophia Convent School, Nagarbhavi; 11th block BDA Park, Nagarbhavi 2nd stage and at Beedi workers colony, Kengeri, Bangalore.

The theme of WED 2010 is **“Many species-One planet-One future”**. **2010 is international year of biodiversity.**

The objectives under this theme are as follows;

- Let us pledge to preserve environment
- Go green by planting more trees.
- Campaign against global warming
- Harvest rain water.
- Reduce automobile gas emission.
- Say **no** to plastic carry bags.

Keeping these objectives in view, an environmental awareness programme was conceived by Dr Anupama Deshmukh, Assistant professor & I/C HOD- Department of community medicine. The programme was executed by the students of 3rd & 4th BHMS with their innovative ideas, creativity & active participation.

Our students presented skits on,

- Maintaining greens-green economy
- Segregation of dry & wet waste- importance of 3 R's- Reduce, Recycle, Reuse.
- Necessity of car pooling & use of public transport to control traffic & environmental pollution.
- Preserving the Biodiversity.
- Water pollution & purification of water.

These skits were performed at three different places of Bangalore & an interaction was made with the public, especially children. We could make out the impact of our programme by the response of the audience.

As physicians, our duty is not only to give curative services but also promotive & preventive health care services. Dr Hahnemann explained this in 2, 3, 4 & 77 aphorisms.

Report by **Dr Anupama Deshmukh**

Asst prof & I/C HOD  
Dept of comm. Medicine  
BBHMC&H, Bangalore  
cmmdpsm@gmail.com

## **BRIEF REPORT ON THE 65TH LIGA MEDICORUM HOMOEOPATHICA INTERNATIONALIS (LMHI) MAY 18-22, 2010, REDONDO BEACH CITY, LOS ANGELES, U.S.A.**

### **2010: A HOMEOPATHIC ODYSSEY**



**Dr G.Srinivasulu,**  
Asst.Professor,  
J.S.P.S.Govt.Homoeopathic  
Medical College,  
Ramanthapur,  
Hyderabad – 500 013  
Email:drsrinivasulu\_g@yahoo.com,  
srinivasulugadugu@gmail.com  
Mobile:0-9440203747

The 65th International Homoeopathic Congress was held in Redondo Beach City of Los Angeles, USA from 18-22 May 2010. It began with a brief inaugural session followed by the Key note address by Martin Chaplin on “Homoeopathy and the Physics of Water “. The LIGA Congress of 2010 explored ways in which homeopathy can play a vital role in the future of medicine. The historic gathering marked the 200th anniversary of Samuel Hahnemann’s Organon of Medicine. Dr.Ulrich Fischer the Liga president gave a message on the theme of the congress and Liga activities. Richard Hiltner the Congress president invited all the delegates and highlighted the importance of the congress.

There were 400 participants from 27 different countries. 100 speakers presented their latest discoveries. The latest research in Homoeopathy around the world was discussed and some eminent researches rebutted the criticism on homoeopathy with suitable scientific evidences. This congress was a blend of all flavors of education, research and health care. Several papers were translated into English and Spanish. Nancy Herrick and Roger Morrison showed impressive Carbon cases. Linda Johnston and Frans Vermeulen presented the Malvaceae family. Sadhna Thakkar and Farokh Master described different snake remedies. Didier Grandgeorge discussed the essence of homeopathic remedies, Richard Pitcairn spoke about animal behavior, G.Srinivasulu discussed the efficacy of homoeopathy medicines in the treatment of Severe Traumatic Brain Injury with video clippings, Alok Pareek spoke on nephrotic syndrome, Praveen Kumar had shown the efficacy of Homoeopathic Medicines in the treatment of MDRTB cases, Aruna Bhattarum spoke on Similimum an Enigma , Pushpalatha and Vennelakanti Narasimha Rao spoke on the Organon from Precursor to the Latest, Nyapathi Srinivasa Rao spoke on Nasal Polyps, Tarakeswar Jain on Cerebral Palsy, R.K.Manchanda and Kusum Chand spoke on Public health Initiatives and MDRTB, S.M.Singh on Hypoxic

encephalopathy , Ramabhai Patel on Ayurveda in the Background of Homoeopathy , Adil Chimtanwala spoke on Tubercular Miasm and Heart Problems, Peter Fisher on Biological Models of Homoeopathy, Iris Bell spoke on in search of responders , Will Taylor on Concept of Miasms in Modern Medicine. Claudia Arajo spoke on Genus Epidemicus selection , Yogesh Sehgal spoke on Schizophernia –Homoeopathic Management , Girish Gupta presented a paper on Ovarian Cysts and Homoeopathic management, Wassenhoven spoke on the Evidence Based Homoeopathy, Raymond Sevor spoke on Congenital Heart Diseases and Homoeopathic Management, Pawan Pareek presented paper on Surgical conditions treatment, Dana Ulman spoke on Respiratory Allergies, Kushal Banerjee spoke on Advanced Homoeopathy Protocol, David Riley spoke on Drug provings, Ilya spoke on Algorithms of Psora theory, Sanjay Gupta on Snakes are miraculous, Nishanth Namsbison on Cancer Treatment, Juhi Gupta on Understanding Cancer through repertories, Antonio presented a case of necrosis of hip joint, Karl Robinson had discussed the Hering's Laws of cure, Sharad Sangloo on clinical trial of Carcinosis Pap Uterus 30 , Amarinder Singh on Renal Failure, Keyur Mazumdar on Cancer-Mind& Body nexus, Smita Namsbison on Cosmetology, Frederick Schroyens on Limitations of Homoeopathic software, Anil Kumar Seth on Homoeopathic approach to Cancer Cases, Todd Rowe on US Homoeopathic Community, Kusum Chand on MDRTB, Peggy Chipkin on effect of a curative remedy , Ian coulter on CAM, Poornima Shukla on Uterine Leiomyoma, Suriyakanth Osman on Endometriosis, Karl Klinkenberg on Defective illness and Boenninghausen , George Guess on Cases of Calcarea Silicate, Jonathan Shore about homeopathic provings and Todd Rowe on the homeopathic community in the States. Kushal and Kalyan Banerjee presented their paper on advanced homoeopathy protocol.

The poster session witnessed papers on Modern conception of Cancer, The theme of the time is pediatric disorders by Lovepreet and Lovely, Homoeopathy and Veterinary Science by Swaminaryan and Varshney, Homoeopathic medicines in Malaria by Ruiz Duran etc.

The Veterinary session was quite useful to some delegates. Dr.Christina spoke on “ Ten steps to avoid in Veterinary Homoeopathy”, Richard Pitcarin spoke on Animal Behaviour on Homoeopathy, Drs.Sue Armastron and Peter Gregory spoke on the : Remedies that Bite”.

The papers on Homoeopathy and Dentistry were quite informative. Geraldo Brown Rebero, Benitas, Gloria presented papers on “Arnica in Dentistry. The pharmacy workshop discussed on the Lm potencies. Notable participants from India includes D.P.Rastogi, S.P.S.Bakshi,Ramjee Singh, P.S.Krishna Murthy, Shams Babar ,Nishanth Jain, Rajesh Gupta, Swapna Gupta, Juneja, U.C.Gulati, Sanjay, and Madhavi. The Indian speakers attracted lot of participants in the congress sessions.

The B.Jain Publishers and Naryana Verlaug publishers had an extensive books exhibition which attracted many visitors. The sponsors of the congress include Heel, Cemon, Archibel, Hylands, Boiron and the Natural Standard. The soft ware makers Mac Repertory and Radar demonstrated their latest versions.

In the valedictory session the Liga executive committee announced that the 66th Liga Congress will be held in India.

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